



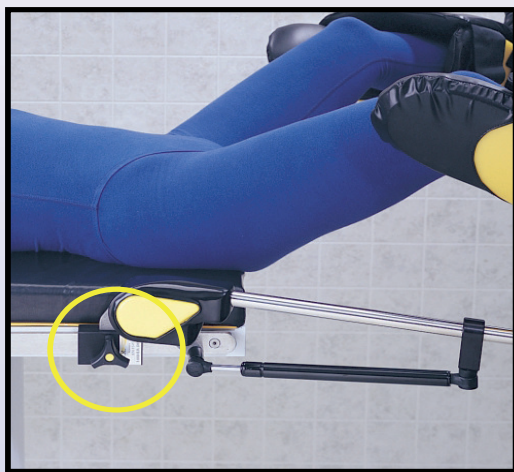
## Instructions For Use



**1** Your Yellofins™ stirrups mount to the table rails using the rail clamps supplied.

### IMPORTANT NOTE:

As with any unfamiliar patient positioning device you should always practice its use on a nurse, physician or other appropriate volunteer prior to using it clinically. Whenever practical, a patient should be placed in the stirrups prior to anesthesia. An alert patient can communicate normal range of motion limitations and, to some extent, such patient's opposing muscles will guard against abnormal joint movement and stretching.



**2** Locate clamps adjacent to the patient's hip joint. The boots are marked (on the bottom) for the patient's left and right.

To keep the patient from sliding down the table we recommend the use of properly placed, pressure management shoulder braces.

### TIP



**3** Obtain adequate help to place both legs into the stirrups simultaneously. To adjust for patient leg length, loosen boot lock handle and gently slide boot up or down the bar, slightly flexing the knees. When satisfied with the position, re-tighten the bootlock handle. Secure the bootstraps.

For larger patients a padded armshield can be used to protect the wrist, hand and arm. Add a table width extender for even more room.

### TIP



**4** The ankle, knee, and opposing shoulder should be maintained in a relatively straight line during positioning. Notice that for a typical patient, the thigh and foot are abducted at approximately the same angle.



**Warning:** Do not clean stirrup by immersing it in liquid or by using a high pressure spray. Damage to stirrup may result.



**5** **For Squeeze Handle:** Reposition the stirrups by squeezing the upper handle and release handle together. When you have reached the desired degree of lithotomy and/or abduction simply release the handle.



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For Information and Assistance  
Call  
0800 400 333

